



DAILY ANNOUNCEMENTS

THURSDAY

NOVEMBER 20, 2025

ALPINE TEAM – FINAL INFO MEETING THIS THURSDAY AT LUNCH!

Hey Ballenas! Want to ski or snowboard this season? **Don't miss your chance** to join the Alpine Team.

Come to **Room 906 this Thursday at lunch** — this is your last chance to sign up!

Here's what you need to know:

- ✓ You'll train at **Mount Washington**, the same mountain hosting Provincials this year (our team will qualify automatically!)
- ✓ You'll get **expert coaching** and **lots of free ride time**
- ✓ It's just **4 weekends** — 4 Sundays and 4 Mondays
→ That's less time than binge-watching a Netflix season
- ✓ All levels are welcome – from beginners to racers
- ✓ And the more students who join, the **cheaper it gets for everyone**

So if you want to spend Mondays on the mountain instead of in class, **this is your sign.**

"Joining Alpine was the best decision I made last year. I met amazing people, got better at snowboarding, and had the most fun Mondays ever." – former team member

 **Room 906. Thursday. Lunch. Be there — or miss out.**

SENDING THE GR 10 JR GIRLS VOLLEYBALL TEAM good luck as they head over to Surrey for provincials today!

NURSES are IN! Have a health related question? Want to connect? Public Health Nurses are in the HUB this week at lunch on THURSDAY. Come on by and check it out!

WINTER FORMAL: Are you looking for a night of silly, chilly fun? Then the SNOWBALL is for you! Come buy your tickets in the front foyer from the 25th of November until the day of the dance - December 4th! Be there or the Grinchler will tickle your toes! Love you all - from leadership.

THE BALLENAS FOOD DRIVE IS BACK! Today's food of the day is soup.
Tomorrow's food will be peanut butter.
Bring it to the main foyer at lunch for your reward.

GRILLED CHEESE AND TOMATO SOUP IS BACK THANKS TO THE GENEROSITY OF SAVE-ON FOOD for donating the bread! Let's give them a big thank you and if you love grilled cheese like we do... Pay it forward to someone else and keep the giving going!

BALLENAS GUYS GROUP: The Guys Group meets in the Band Room (Rm. 914) on Thursdays at lunch. Guys Group brings together students, teachers, and mentors for a place to chat and listen to each other. This mentoring group is open to students and adults here at BSS, and it's a great place to connect with others. There is no pressure to talk or share anything if you don't want to. IMPORTANT --- Please make sure to bring a lunch with you as there will be no pizza provided at the meetings for the time being. See Mr. Kellas or Mr. Bambrough if you have any questions about Guys Group. See you on Thursday!

HEY WHALERS, DO YOU LIKE TO DRAW, PAINT, WRITE, TAKE PHOTOS OR JUST WANT TO TRY FLEXING THOSE CREATIVE MUSCLES? Then the art club is for you! We meet every Thursday at lunch in the art room. For any questions about the club please see Hana in the art room during club time. We hope to have you join us!

LUNCH WEEKLY MENU

THURSDAY – Grilled Cheese

FRIDAY – Pizza

Hay cep qa (thank you)